

# What's best in season? *August*



## UK Salad

Baby leaf  
Celery  
Cos  
Cucumber  
Iceberg  
Little Gem  
Lollo Rosso  
Oakleaf  
Radicchio  
Rocket  
Round lettuce  
Watercress

## UK Veg

Broccoli  
Cavolo Nero  
Courgette  
Fennel  
French beans  
Heritage Carrots  
Beetroot - Candy,  
red & golden

## UK Fruit

Blueberries  
Cherries  
Gooseberries  
Loganberries  
Raspberries  
Strawberries  
Tayberries

## Fish & Meat

Wild bass  
Mackerel  
Skate wings  
Brill  
Turbot  
Monkfish  
Halibut

## Any Queries?

Reach out to our Customer  
Service team - 01789 339106